

President's Message

Professor Chow Ka Ming

Dear Members,

It is a tremendous honour and privilege to serve as the newly elected President of the Pi Iota at-Large Chapter (PIAC) of Sigma. I would like to express my heartfelt gratitude to each and every one of you for placing your trust in me. Together, we embark on an exciting journey into the future, to continue the strong tradition of excellence and collaboration that has defined our Chapter over the years.

Building on the strong foundation established by our past presidents and leaders, including Professor Janet Wong and Professor Rick Kwan, we are proud to welcome 25 new members to PIAC in the Induction Ceremony held on October 25. We also successfully hosted the Sigma Asia Regional Conference 2025 at PolyU on December 5–6, uniting delegates from 20 countries and fostering international collaboration. Additionally, our achievement of charitable organization status under Section 88 has affirmed our integrity and credibility, opening new avenues for educational and community initiatives.

In the coming term, we have identified four essential focus areas. First, to promote nursing capacity, we will continue to organise nursing workshops focusing on cutting-edge research, practical and communication skills, empowering members to lead evidence-based practice and showcase their contributions to patient outcomes and professional growth. Second, fostering global awareness and involvement by encouraging members to attend Sigma's global congresses and co-hosting webinars with chapters worldwide, we will cultivate cross-cultural insights and position PIAC as a bridge for Asian nursing voices in global discourse. Third, we will officially add Hong Kong Metropolitan University to our Chapter. Fourth, we aim to expand our community outreach and partnerships, ensuring the Chapter's contributions extend beyond the workplace and across the entire healthcare sector of Hong Kong.

Your passion, expertise, and ideas are the essence of PIAC. I warmly invite you to share your research, mentor emerging inductees, or simply connect at our events—every voice shapes our success. Let us harness this momentum to embody Sigma's enduring vision: connected, empowered nurse leaders transforming global healthcare.



Warm Regards,

Ka Ming CHOW,

RN, RM, DNur, PGDip in Midwifery, FAAN, SFHEA, FHKAN (Education), APN

President, Pi Iota at-Large Chapter
Sigma Theta Tau International Honour Society of Nursing

Board of Directors (2025-2026)

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President-Elect

(Vacant)

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Leadership Succession

Jenny TSANG (Dr) (Chair)
Jed MONTAYRE (Prof.)
Justina LIU (Prof.)

Membership Nomination

Angela LEUNG (Prof.) (Chair)

Program

Naomi TAKEMURA (Prof.) (Chair)

Promotion & Publication

Ricky AHMAT (Dr) (Chair)
Cheryl YEUNG (Dr)

Scholarship

Alan TAM (Prof.) (Chair)

Archivist

Shanshan WANG (Prof.) (Chair)

Co-opt Members

Denise CHEUNG (Dr)
Elaine CHOW (Dr)
Cherry HO (Dr)
Rick KWAN (Prof.)
Sharron LEUNG (Dr)
Chia-Chin LIN (Prof.)
Agnes LAI (Dr)
Simon LAM (Prof.)
Queenie LAW (Dr)
Kevin LUK (Dr)
Marques NG (Prof.)
Rebecca PANG (Dr)
Mandy POON (Ms)
Angel TANG (Dr)
Anna WONG (Ms)
Arkens WONG (Prof.)
Cecilia WONG (Ms)
Janet WONG (Prof.)
Agnes YIP (Dr)

Congratulations to Professor Sally Wai-Chi CHAN for 2025 Nell J. Watts Lifetime Achievement in Nursing Award, Sigma Nursing

We are delighted to share that Prof. Sally Wai-Chi Chan, President and Professor, Tung Wah College, has been awarded the Nell J. Watts Lifetime Achievement in Nursing Award of the Sigma Theta Tau International Honor Society of Nursing (Sigma Nursing)! Prof. Chan is the first nurse scholar from Hong Kong to earn this prestigious recognition, which recognises individuals' exemplary achievements in nursing throughout their lifetime. Prof. Chan received the award at Sigma Nursing's Biennial Convention, 8–11 November 2025, in Indianapolis.

Sharing from Prof. CHAN:

I am sincerely grateful and deeply honored to receive the “Nell J. Watts Lifetime Achievement in Nursing Award” from Sigma Theta Tau International Honor Society of Nursing (Sigma). As a global scholar dedicated to furthering the tripartite mission of research, education, and practice, I began my nursing journey with foundational training in Hong Kong. It is a distinct privilege to be the first nurse scholar from Hong Kong to be recognized with this prestigious award. On this meaningful occasion, I have thoughtfully reflected on my experiences, and I would like to respectfully share a few insights with you.

Modern Nursing as a Diverse and Dynamic Profession

The nursing profession in Hong Kong has experienced significant progress over the years. Back in 1992, I began advocating for more pre-registration nursing degree placements to keep pace with advancing medical and nursing knowledge, technological developments, and the increasing need for high-quality healthcare. Today, roles such as advanced practice nurses and nursing consultants generally require at least a master's degree. Nurses can also further their education by pursuing doctoral degrees, which enable them to work as academics or scientists in educational or research institutions. Alternatively, they may choose a management career path, advancing to positions such as ward manager or hospital administrator.

Career paths for nurses are now diverse and extend far beyond hospital-based practice. At Tung Wah College, approximately 30% of student clinical placement takes place in primary healthcare settings, enabling students to appreciate that nursing goes beyond hospitals and that community and primary health services are equally vital.



Professor Sally Chan (center) received the “Nell J. Watts Lifetime Achievement in Nursing Award” from Dr. Sandra C. Garmon Bibb (left), President of Sigma Nursing and Mr. Lucas M. Davis (right), Chief Executive Officer of Sigma Nursing.

Congratulations to Professor Sally Wai-Chi CHAN for 2025 Nell J. Watts Lifetime Achievement in Nursing Award, Sigma Nursing

People at the Centre, Technology as an Enabler

Throughout my nursing career, whether in clinical practice, education, research, or management, my focus has always been on the people I serve. I feel immense happiness when patients recover from illness, return to their normal routines, and reconnect with their social lives. Equally, I am deeply fulfilled when I see students' progress, accept important responsibilities, and receive well-earned recognition for their achievements.

Nursing is, at its core, a profession rooted in compassion and care. By applying our nursing knowledge and integrating the latest research findings and technological advancements, we strive to achieve improved outcomes for both patients and their caregivers. For instance, in today's digital age, many older adults face challenges due to limited digital literacy - a concern that became especially evident during the COVID-19 pandemic. To help address this issue, we launched the "Digital Buddy" initiative, which aims to enhance both digital literacy and mental health awareness among older individuals, supported by the enthusiasm and commitment of our younger students. In addition, we introduced a Virtual Reality project designed to support mental health and enrich the quality of life for residents in long-term care facilities. With the continued dedication of nursing professionals, I am optimistic about our ability to further develop nursing practice and strengthen care within our communities.

With the steadfast dedication of nursing professionals, I am confident that we can advance the nursing field and improve care within our communities. By embracing innovative ideas and utilizing technology, our shared passion and knowledge will help us provide healthcare that is more compassionate, effective, and accessible - ultimately making a meaningful and lasting impact on the people we serve.

Inspiring Courage and Growth in Future Nurses

The future is shaped by the next generation. While I am honored to receive this recognition today, I am confident that tomorrow, it could be you. I encourage each of you to approach your journey with courage, confidence, and perseverance. Believe in your potential and dedicate yourself to lifelong personal and professional growth. Embrace challenges that push you beyond your comfort zone, for it is through these experiences that you truly develop and thrive. Be bold in seeking new opportunities, both locally and around the world, and allow them to broaden your perspective and inspire you to reach even greater heights.

In closing, I would like to express my sincere gratitude to Sigma for bestowing this distinguished honor upon me. I look forward to strengthening our collaboration with Sigma as we work together to cultivate and support the next generation of talented and visionary leaders in the nursing profession.



Professor Sally Chan (left), President of Tung Wah College, and Professor Rick Kwan (right), Associate Vice-President (Academic) and Associate Dean (Programmes) of the School of Nursing at Tung Wah College, announced the results of the two-year research project entitled "Inclusive Virtual Reality (VR) and Mental Well-being in Older Adults".

For more information, please visit: [Sigma Nursing](#)

Congratulations to Professor Ho Yu CHENG for being inducted as 2025 Class of Fellow of the American Academy of Nursing

We are excited to Prof. CHENG Ho Yu, the Chinese University of Hong Kong for being selected for induction into the 2025 Class of New Fellows of the American Academy of Nursing (AAN) , and we are proud to have her as a member of the Sigma Pi Iota at-Large Chapter.

Sharing by Prof. CHENG:

It is with great gratitude and humility that I share this reflection in the Sigma PIAC Newsletter on my induction as a Fellow of the American Academy of Nursing (FAAN) in October 2025. As the sole honouree from Hong Kong in the 2025 class, this recognition marks not only personal milestones but the collective power of nursing to transform lives amid pressing health challenges.

My journey in nursing scholarship and practice began with a deep commitment to family caregivers of stroke survivors—those often unseen in healthcare. Witnessing their physical, emotional, and psychological burdens, which frequently led to injuries and burn-out, sparked my research program. I recognized that caring for the carer is vital for sustainable, high-quality stroke care.

My most meaningful contribution has been developing the first structured protocol for “caring for (family) carers” in stroke rehabilitation. Rigorous research generated initial evidence on reducing caregiving-related injuries and strengthening support, which evolve into practical tools influencing policy and practice worldwide. My findings helped shape Australia’s New South Wales Carers Advisory Council policies, the American Heart Association’s Scientific Statement on Stroke Care, clinical guidelines in Korea and Germany, and Hong Kong’s Hospital Authority advanced nursing standards for family support.

Most rewarding was translating this into action in China: leading workshops to train 400 nurses across 19 hospitals and 5 community centers to adopt the protocol, while creating social media groups supporting over 450 survivors and caregivers. These grassroots impacts remind me that research delivered its greatest value when it directly reaches those who need it most.

Beyond academia, I translated findings into community empowerment through health talks, volunteer training, NGO advisory roles, and newspaper articles on psychosocial cerebrovascular health. Mentoring through PhD supervision, undergraduate research preparation, and leadership as Chairperson of the Education Committee of the Hong Kong College of Nursing Education and Research helps build a lasting legacy. Ongoing projects in primary stroke prevention for underserved groups and healthcare worker mental health (via the Global Consortium of Nursing and Midwifery Studies) drive continued health equity.

Receiving FAAN in Washington, D.C., felt like full-circle validation that nursing scholarship from Hong Kong can resonate globally, advancing the Academy’s mission through science, innovation, and leadership. This honor belongs to patients, families, colleagues, mentees, collaborators, and my institution, the Nethersole School of Nursing, The Chinese University of Hong Kong.

To fellow nursing professionals and scholars: embrace courage to question, persistence to translate evidence into change, and compassion for the vulnerable. In the era of AI in complex health care environments, stay purpose-driven, seek alliances, mentor boldly, and trust the ripple effect of one dedicated voice. Together, we build healthier, more equitable futures.

With sincere appreciation,

Ho Yu CHENG

PhD, RN (General & Psychiatric), APN (Education & Research in Nursing), FHKAN (Education), FAAN



Sigma Pi Iota at-Large Chapter (PIAC) Induction Ceremony 2025

The induction ceremony was successfully held on 25 October 2025 in the Chinese University of Hong Kong. This year, we are thrilled to welcome 49 new inductees with 26 nurse leaders, 1 graduate student and 21 undergraduate students joining us. This is a significant event uniting our community to commemorate advancement, leadership, and the future of nursing.

A new board of directors led by the chairperson, Professor Chow Ka Ming (CUHK), was elected. Deepest gratitude goes to Professor Janet Wong Yuen Ha (HKMU) for her leadership over the past two years. We are also honoured to have Dr. Hon David Lam Tzit Yuen, legislative councillor (Medical and Health Services), to give a keynote speech on “Direction of Hong Kong Healthcare Development”. He gave a succinct overview of the local healthcare system, outlining challenges ahead and strategies to address them.



Sigma Pi Iota at-Large Chapter (PIAC) Induction Ceremony 2025



Special thanks to Dr. Hon David Lam Tzit Yuen, legislative councillor (Medical and Health Services), to give a keynote speech on “Direction of Hong Kong Healthcare Development”

We would also congratulate nine members to receive the Academic Scholarships 2025! We were grateful for the generous support from the Rotary Club of Kwai Chung for funding part of the scholarship. Two awardees from the doctoral and PhD student categories showcased their outstanding and impactful research projects. We are proud of their achievements and commitment to advance our profession.



Pi Iota at-Large Chapter Academic Scholarship Award 2024/2025

<u>Category</u>	<u>Name</u>	<u>Institution</u>
A	DYE, Chung Hei	The Hong Kong Polytechnic University
A	LAM, Kam Ip	Hong Kong Baptist University
B	LEE, Tsz Hin	The Chinese University of Hong Kong
B	TSANG, Yuk Shan	The Chinese University of Hong Kong
C	CHAN, Man Lee	The University of Hong Kong
C	LIU, Yaqian	The Hong Kong Polytechnic University
D	CHU, Ming Kei	Hong Kong Metropolitan University
D	LAM, Man Sze	The Chinese University of Hong Kong
D	WONG Wing Yan	The Chinese University of Hong Kong

Inductee List 2025

This year, We were honoured to welcome 26 esteemed nurse leaders, 1 graduates and 21 enthusiastic undergraduates, each eager to embark on their nursing journey and contribute to our mission.

These new inductees come from eight different institutions, reflecting the wonderful spirit of collaboration that defines nursing education across our region. This diversity enriches our Chapter and celebrates the wide range of knowledge, experience, and passion that each of you brings. We are truly thrilled to welcome you all to the Sigma Pi Iota at-Large Chapter family—together, we look forward to growing, learning, and making a lasting impact in nursing!

NURSE LEADER

<u>Name</u>	<u>Institution</u>
Dr CHUNG Hau Yee Harriet	Hong Kong Baptist University
Mr HSU Hung Cheung	Hong Kong Baptist University
Dr KWOK Yeung Tsz	Hong Kong Baptist University
Ms TANG Ho Yan Christina	Hong Kong Baptist University
Miss YAU Yim Ching	Hong Kong Baptist University
Mr CHU Ming Kei	Hong Kong Metropolitan University
Mr LAU Yan Yan	Hong Kong Metropolitan University
Dr ZHANG Wen	Hong Kong Metropolitan University
Dr CHEUNG Janice	Hospital Authority
Mr LEUNG Wai Man	Hospital Authority
Dr TANG Wing Ki	The Chinese University of Hong Kong
Dr WONG Ho Yan	The Chinese University of Hong Kong
Miss WONG Wing Yan	The Chinese University of Hong Kong

Inductee List 2025 (Cont')

NURSE LEADER (Cont')

<u>Name</u>	<u>Institution</u>
Ms LAM Man Sze	The Chinese University of Hong Kong
Mr LEE Tsz Hin	The Chinese University of Hong Kong
Miss TSANG Yuk Shan	The Chinese University of Hong Kong
Dr HUI Chi Ching Vivian	The Hong Kong Polytechnic University
Dr SHI Nuo	The Hong Kong Polytechnic University
Dr ZHANG Xuelin	The Hong Kong Polytechnic University
Miss LIU Yaqian	The Hong Kong Polytechnic University
Miss PAK Hoi Lam Sharon	The University of Hong Kong
Dr CHAN Mei Ling Alice	Tung Wah College
Dr WONG Wai In	Tung Wah College
Miss YEUNG Wing Yi	Tung Wah College

GRADUATE STUDENT

<u>Name</u>	<u>Institution</u>
Ms TSE Hau Yi	The Hong Kong Polytechnic University

UNDERGRADUATE STUDENT (by Alphabetical order)

AU Pui Chi	DAI Kai Hin	YIP Suet Ying
CHEUNG Kin Wang	LAU Sum Yu	LEE Hang Yi
CHU Lok Ying	LEUNG Mei Chi	LEUNG Hin Yan Ophelia
LAM Kam Ip	LEUNG Miu Tik	LIN Yung Sang
SIU Wing Yan	TIAN Shanshan	NG Sing Wai
DYE Chung Hei	WONG Cheuk Ying	PANG Wan Mei
CHENG Yuk Hei	WONG Cho Yee Sally	TANG Kai Ip

**Undergraduates includes students from Hong Kong Baptist University, School of Nursing, Caritas Medical Centre, The Chinese University of Hong Kong, The Hong Kong Polytechnic University and Tung Wah College*

Annual General Meeting 2025

The Annual General Meeting (AGM) of the Pi Iota at-Large Chapter, Sigma Theta Tau International Honor Society of Nursing for the Year 2024-2025 was held in the Hong Kong Polytechnic University on Friday, 5 December 2025. Key achievements of the Chapter were reported by the President and reports from various committees were presented by the Committee Chairpersons.



Sigma Asia Regional Conference 2025

The **Sigma Asia Regional Conference 2025** was held on **5–6 December 2025** in **Hong Kong**, jointly organized by the **Pi Iota At-Large Chapter** and **The Hong Kong Polytechnic University**. The conference brought together nursing leaders, educators, researchers, and practitioners from across Asia to engage in meaningful dialogue under the theme: **“Digital Health and AI in Nursing: Transforming Care Through Innovation.”**

Over the course of two days, the programme offered a rich blend of keynote addresses, plenary discussions, and concurrent sessions. Presentations explored how artificial intelligence is transforming clinical decision-making, how digital innovations are enhancing patient safety, and how smart technologies are being applied to measure and manage nursing workloads. Ethical and legal considerations of technology-driven care were also examined, alongside discussions on integrating digital tools into nursing education to prepare future professionals for a rapidly evolving healthcare landscape. These sessions provided participants with both theoretical insights and practical strategies, ensuring that the conference was not only forward-looking but also grounded in real-world application.



Prof. Janet Wong presenting the Welcome Address at the Sigma Asia Regional Conference 2025.

Sigma Asia Regional Conference 2025



Group photo of attendees at the Opening Ceremony

The conference served as a milestone in advancing nursing excellence in the region. It created a dynamic platform for knowledge exchange, fostered collaboration across institutions and countries, and strengthened the collective vision of harnessing technology to improve patient outcomes and public health. By bringing together diverse perspectives, the event reinforced the importance of innovation, interdisciplinary dialogue, and shared commitment to professional growth.

Heartfelt appreciation is extended to all attendees, speakers, and partners whose contributions made the conference a resounding success. Their active participation enriched the discussions and strengthened the spirit of collaboration across Asia. The Pi Iota At-Large Chapter remains dedicated to supporting initiatives that empower nurses, advance healthcare innovation, and build stronger professional networks for the future.



“Engaging dialogue at the Sigma Asia Regional Conference 2025 plenary session — advancing nursing practice and public health through innovation and technology.”

Sigma Asia Virtual Webinar 2025

The Sigma Asia Virtual Webinar “Impact of AI in Nursing, Education, research & Practice” was successfully held on 22 August 2025. Esteemed speakers shared valuable insights on AI applications, leading to engaging discussions on future trends of AI use. Positive feedback was received from participants, and the seminar provided an excellent platform for collaboration and exchange of ideas in nursing!

ORGANIZER

CO-ORGANIZERS

ESTEEMED SPEAKERS

 <p>PROF. SALLY CHAN PRESIDENT TUNG WAH COLLEGE</p>	 <p>PROF. CONNIE CHONG ASSISTANT PROFESSOR, THE CHINESE UNIVERSITY OF HONG KONG</p>	 <p>DR. JOHN FUNG SENIOR LECTURER, THE UNIVERSITY OF HONG KONG</p>	 <p>PROF. LINDA HE DIRECTOR OF GRADUATE RESEARCH PROGRAMMES, NATIONAL UNIVERSITY OF SINGAPORE</p>
 <p>DR. BETTY CHUNG ASSISTANT PROFESSOR OF PRACTICE, THE HONG KONG POLYTECHNIC UNIVERSITY</p>	 <p>PROF. MICHAEL JOSEPH DINO DIRECTOR, RESEARCH DEVELOPMENT AND INNOVATION CENTER, OUR LADY OF FATIMA UNIVERSITY</p>	 <p>MR. DANNY HUNG LECTURER, HONG KONG METROPOLITAN UNIVERSITY</p>	 <p>PROF. RICK KWAN ASSOCIATE DEAN, TUNG WAH COLLEGE</p>

Video thumbnails from the webinar:

- Rick KWAN
- Danny HUNG Chun Kit
- He Hong-Gu
- John Fung
- Prof. Kuei-Ru Chou, PhD, FAAN, FFMRCSE
- Betty Chung
- Rita Munley Gallagher, PhD, RN, FFMRCSE

PIAC Engagement in National Celebrations

PIAC Members of the participated in several major celebratory events, including the Hong Kong Health Services Sector Celebration for the HKSAR Establishment, the National Day Celebration Dinner , and the Health Services Sector Reception in Celebration of the 76th Anniversary of the Founding of the People's Republic of China.

The photos capture the joyous occasions marked by unity and commitment within Hong Kong's healthcare community. Thanks for all nursing profession for their dedication to advancing healthcare excellence and fostering professional solidarity.



香港衛生服務界 慶回歸、賀國慶慶祝晚會 2025



香港醫療衛生界慶祝中華人民共和國成立 76 周年酒會

Our Chapter's Website

The official website of Sigma Pi Iota at-Large Chapter has been available since February 2024. Explore the website at <https://piiotaatlarge.org/> to learn more about our mission, membership opportunities, upcoming events, and informative seminars. You may also access to our Facebook page or Instagram for more recent information!

Stay connected with the latest news, Chapter annual reports, and exclusive newsletters that provide valuable insights into the nursing profession!



PIAC Facebook
www.facebook.com/p/Pi-lota-At-Large-Chapter-100063757046744/



PIAC Instagram
www.instagram.com/sigmapiotaatlargechapter/

Ongoing and Upcoming Events

37th International Nursing Research Congress

16-18 July 2026 | Toronto, Ontario, Canada

Join Sigma to connect and engage with over 800 nurse researchers, students, clinicians, and leaders who are focused on evidence-based research.

Website: <https://www.sigmanursing.org/connect-engage/meetings-events/congress>

49th Biennial Convention

29 October-1 November 2027 | Denver, Colorado, USA

Save the date for your chance to connect with more than 2,000 Sigma members and global leaders in nursing.

Share with us!

We believe that each of you has unique experiences and insights that can enrich our collective journey in nursing. If you wish, please share your information to piiotaatlarge@gmail.com. Deadline for the next newsletter would be **30 June 2026**.

Thank you for your continued engagement and support. Together, we can highlight the vibrant spirit of Sigma Pi Iota at-Large Chapter!