

President's Message

Professor Janet WONG

Dear Members,

It is with profound pride and pleasure that I share outstanding news celebrating the remarkable accomplishments within our Pi Iota at-Large Chapter. These achievements reflect our unwavering commitment to excellence, innovation, and global leadership in healthcare.

First and foremost, we extend our deepest congratulations to Professor CHIEN Wai Tong on his distinguished induction into the 2025 International Nurse Researcher Hall of Fame. This prestigious international honour recognises a lifetime of transformative scholarship and underscores his enduring impact on nursing science worldwide. Equally, we celebrate Professor CHENG Ho Yu, who has been elected as a Fellow of the American Academy of Nursing (FAAN), a fitting tribute to her exceptional leadership and dedication to advancing healthcare policy and practice. We also applaud Professor WANG Shanshan for being awarded the esteemed title of 2025 Emerging Nurse Researcher, a testament to her pioneering work and the bright future she represents in nursing.

Our collective efforts continue to shine locally and regionally. Under the exemplary leadership of Ms Angela KWOK, Chairlady of Program Committee, our delegation made significant contributions at the impactful community service initiatives to support patients with stroke care and rehabilitation. Our nursing students also supported the event. Looking ahead, we warmly invite you to join the Sigma Asia Regional Conference 2025 (5–6 December) at The Hong Kong Polytechnic University, a premier forum for advancing nursing scholarship and practice about digital health and AI in nursing. Additionally, our annual Induction Ceremony this October in The Chinese University of Hong Kong will formally welcome new members into our Sigma chapter, honouring their dedication to excellence.

In further exciting news, we congratulate Hong Kong Metropolitan University on its strides towards joining as one of the members of the Pi Iota at-Large Chapter. The official amendment ceremony, tentatively scheduled for March next year, marks a significant milestone in fostering collaboration and expanding our scholarly community.

These accomplishments stand as powerful testaments to our Sigma President Dr Sandra C. Garmon BIBB's 2023-2025 Organizational Call to Action: Reflect, Respect and Respond. As we celebrate these milestones, let us embrace the opportunities ahead with renewed purpose and unity.

We continue to shape the future of nursing as Sigma Nurses.



Warm Regards,

Janet WONG, PhD, RN, FHKCHSE, FCHSM, FAAN

President

Pi Iota at-Large Chapter, Sigma

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Congratulations to Professor CHIEN Wai Tong for 2025 International Nurse Researcher Hall of Fame, Sigma Nursing

We are thrilled to celebrate that Prof. CHIEN Wai Tong, Director of the Nethersole School of Nursing, The Chinese University of Hong Kong (CUHK), has been selected for the 2025 International Nurse Researcher Hall of Fame of the Sigma Nursing. Prof. CHIEN, along with 14 other new inductees, was formally inducted at Sigma Nursing's 36th International Nursing Research Congress on 19 July 2025.

Sharing from Prof. CHIEN:

It is my great honour and pleasure to receive this prestigious Sigma's 2025 International Nurse Researcher Hall of Fame Award.



As a nursing academia, researcher and leader over past 20 years, I have developed and translated research evidence into mental healthcare and led or coordinated development of education curriculums. I have been very enthusiastic about building capacity of local and regional healthcare workers, family caregivers, and the public in mental health promotion and mindfulness or acceptance-based illness self-management strategies among various social groups at-risk for mental health problems. Under my directorship, together with strong commitments and efforts from my CU colleagues and students/graduates, The Nethersole School of Nursing has been highly ranked in research and academic performance as the top 8th and 5th position in 2024 and 2025, respectively, and the 1st position in Asia since 2020, in the QS World University Ranking Scheme by Nursing subject.

My heartfelt gratitude should be given to my nominator Prof. Carmen CHAN, Alice Ho Miu Ling Nethersole Charity Foundation Professor of Nursing, Nethersole School of Nursing, CUHK and my two supporters, including Prof. Samuel WONG, Director and Professor of Jockey Club School of Public Health and Primary Care, CU Medicine and Prof. Terrence MCCANN, Professor of Research Training of College of Health and Biomedicine at Victoria University, Australia.



The 36th International Nursing Research Congress in Seattle has brought together hundreds of clinicians and academics over the world, highlighting their fuelled passions for research and how nurse researchers become culturally competent and pragmatically insightful to societal impacts in planning their research programme. Indeed, 'nursing research matters and is vital to healthcare's future.'

With such recognition, it opens and further encourages me to network and collaborate with a wide representation of nurse researchers to plan and initiate cross-territory research on global mental health issues, through advanced technology, innovative interventions and practices, and community health nursing.

For more information, please visit: [Sigma Nursing](https://www.sigmanursing.org)

Congratulations to Professor WANG Shanshan for Being Awarded 2025 Emerging Nurse Researcher/ Scholar by Sigma Nursing

We are excited to Prof. WANG Shanshan, School of Nursing, The Hong Kong Polytechnic University, has been awarded the 2025 Emerging Nurse Researcher/ Scholar by Sigma Nursing! Shanshan's innovative work exemplifies the values of our community, and we are proud to have her as a member of the Sigma Pi Iota at-Large Chapter.

Sharing by Prof. WANG:

I am deeply honoured and humbled to receive the Sigma Emerging Researcher/Scholar Award. As an early career researcher, this recognition is not only a tremendous encouragement but also a significant milestone in my academic journey.

Eight years ago, I arrived in Hong Kong to pursue further learning and research, after serving as a tenured faculty member at a university in Chinese Mainland. It was here that I first learned about Sigma Theta Tau International, Honor Society of Nursing. I vividly remember, during the first year of my PhD studies, reading about professors being inducted into the Sigma Hall of Fame. I was truly inspired by these senior scholars, who became my role models and sources of motivation. Eager to learn from such outstanding individuals, I joined the Pi Iota at-Large Chapter immediately after my confirmation of candidature, hoping to grow within this excellent community.



The past eight years have been a journey of dedication and perseverance. Step by step, I have built my research track record while facing many challenges—adapting to a new culture, learning a new language, acquiring new knowledge and skills, and learning to become both an independent researcher and a devoted teacher. These experiences have shaped who I am today. I could not have achieved this without the rigorous research training and unwavering support from the School of Nursing at The Hong Kong Polytechnic University. I would like to express my heartfelt gratitude to the school, our School Head Prof. Janelle YORKE, the senior management team, my former supervisors, my colleagues, friends and family, for helping me develop as a well-prepared academic staff member, and achieve excellence in scholarship, leadership, and service.

A special thank you goes to my mentors, Prof. Patricia DAVIDSON and Prof. Wendy MOYLE, who nominated me for this award while I was visiting Australia last year. I still remember when Prof. DAVIDSON first encouraged me to apply for the Emerging Researcher Award. I hesitated, unsure if I was ready, but she reassured me, saying, "You are far more ready than you think. Please try." When I prepared the draft and sent it to my mentors, Prof. MOYLE said, "I believe you will get it." Their encouragement and support have been invaluable in helping me move forward in my early career.

Receiving the Emerging Researcher/Scholar Award is not the end, but rather a new starting point in my academic journey. I know there is still a long road ahead, filled with both challenges and joys. With this recognition, I now feel more confident to say, "I am ready," just as my mentors have always encouraged me to believe.



Thank you again to Sigma, my mentors, supervisors, colleagues, and everyone who has supported me along the way. This award inspires me to continue striving for excellence in research and to contribute to the nursing profession. I look forward to the journey ahead and to giving back to the community that has given me so much.

Sharing by the Recipients of PIAC Academic Scholarship Award 2023/2024

PIAC Academic Scholarship Award 2023/2024

This year, we are proud to have six outstanding awardees for the Sigma Pi Iota at-Large Chapter Academic Scholarship Award 2023/2024. These scholarships recognise the dedication and excellence of nursing students and professionals who are committed to advancing the field of healthcare.

Category	Name of Applicant	Institute
A1	Mr NG Siu Laam Lyman	Tung Wah College
A2	Mr CHUNG Ho Ming	The Chinese University of Hong Kong
B3	Miss NG Cheuk Yee	The Chinese University of Hong Kong
C5	Miss ZHANG Bohan	The Hong Kong Polytechnic University
C6	Ms WANG Ruohan	The Chinese University of Hong Kong
C8	Ms LI Yajie	The University of Hong Kong

Sharing by Mr NG Siu Laam Lyman

Receiving the Sigma Pi Iota at-Large Chapter scholarship has been a remarkable honour and a real milestone in my nursing journey. The scholarship commits to supporting scholarship recipients to push the boundaries of knowledge and skills. Sigma has been fundamental in guiding me towards nursing professional development opportunities, such as speciality nursing seminars, community health promotion, and networking events. These various resources provided by Sigma have been indispensable in helping me navigate my career path and develop essential skills. I will keep my nursing passion and perseverance to overcome the challenges and be diligent to make an impact!



Sharing by Mr CHUNG Ho Ming



It is a sincere honour and pleasure to receive this scholarship, and I would like to express my wholehearted gratitude to my mentor, who has supported me throughout the journey. He has provided me with multiple opportunities to test myself and expand my view of what nursing encompasses. To achieve this accomplishment, I've faced countless challenges throughout the process, his encouragement continued to help me push through my limits in realising my potential. I've learned that nothing is impossible for those willing to step out of their comfort zone. This never-ending pursuit of excellence is marked by challenging yet rewarding milestones, and by receiving this scholarship I am more confident and determined in this pilgrimage of learning. Moving forward, I am excited to embrace new opportunities and contribute meaningfully within the nursing community.

Sharing by the Recipients of PIAC Academic Scholarship Award 2023/2024 (cont.)

Sharing by Miss NG Cheuk Yee

I am truly grateful that PIAC has selected my topic for the scholarship award. Blood-taking procedures are common among hospitalised preschool patients, yet they often lead to significant pain and anxiety. While play therapy is widely embraced in many countries, it remains unpopular in Hong Kong.

My literature review indicates that using finger or hand puppets during blood-taking can effectively reduce pain, fear, and anxiety for hospitalised preschool patients. Therefore, I advocate for the widespread promotion of this distraction technique in paediatric healthcare.

Thank you, Sigma (PIAC), for recognising my research and supporting me in confidently implementing the intervention. Your support helps me make a meaningful difference in their hospital experiences.



Sharing by Ms LI Yajie

I am sincerely grateful to receive the Sigma Pi Iota at-Large Chapter Scholarship Award for my research, "Engagement with a Mobile Chat-Based Intervention for Smoking Cessation." This recognition highlights the growing importance of understanding the mechanisms behind digital interventions to optimise their effectiveness in addressing critical public health challenges.

Throughout my academic journey, I have been committed to exploring innovative approaches to addressing addictive behaviours. This experience has been both challenging and enriching, requiring perseverance and adaptability to navigate complex data analysis and balance rigorous research demands with other commitments.

The Sigma Pi Iota at-Large Chapter Scholarship has been invaluable in supporting my academic and professional goals, empowering me to further advance my work in health research. I am deeply honoured by this recognition and remain motivated to contribute to meaningful advancements in public health.

Sharing by Ms WANG Ruohan

Receiving this scholarship has been an invaluable experience in my PhD study. I joined Sigma membership and had the opportunity to connect with many professors and scholars, exchange research ideas, and gain new perspectives to enrich my own study. Additionally, the scholarship has provided important support in disseminating my research findings. By sharing these findings, I hope to contribute to obstetric clinical practice both in Hong Kong and globally, offering evidence-based guidance to improve maternal care. I believe that addressing women's health issues is not only essential for academia but also meaningful for community.

If you are pursuing excellence in your academic journey and wish to further your education, we encourage you to apply. This scholarship not only provides financial assistance but also recognises your hard work and dedication. Don't miss this opportunity to invest in your future and make your mark. Stay tuned and submit your application today and take a significant step towards your academic and professional goals!

Sigma Congress 2025

The 36th International Nursing Research Congress took place from July 17-20, 2025, at the Hyatt Regency Seattle, Washington, USA. This dynamic event brought together a vibrant community of nursing professionals, including students, faculty, clinicians, and leaders, to explore the theme: **"Representing Nursing Globally Through Dissemination of Research and Evidence"**.

The congress highlighted the importance of nursing research in shaping the future of healthcare, featuring a diverse array of topics that encompassed technology, practice, well-being, and community health. Attendees had the unique opportunity to connect and share insights with fellow researchers, fostering collaboration and innovation across the nursing field.



Prof. Janet WONG (right) and Prof. CHOW Ka Ming (left), President and President-elect of PIAC

The keynote speakers shared their expertise and inspired attendees with their insights on nursing research and practice. Participants were encouraged to engage actively through oral and poster presentations, showcasing their research and evidence-based practices. The congress also featured special awards ceremonies, including the International Nurse Researcher Hall of Fame and the Emerging Nurse Researcher/Scholar awards, recognising outstanding contributions to nursing research.

The congress not only served as a platform for knowledge exchange but also emphasised the significance of networking among nursing professionals, inspiring collaboration that will continue to impact the field long after the event concluded.

With heartfelt thanks to all attendees, sponsors, and partners, the Sigma Theta Tau International Honor Society of Nursing looks forward to welcoming everyone back next year for another enriching congress experience.



Sigma Congress 2025 Sharing as Attendant

My First Sigma International Nursing Research Congress

By Professor TAM Hon Lon

The 36th International Nursing Research Congress is wrapped up successfully on 20 July in Seattle. Hundreds of leaders, clinicians, and academics over the world joined this 4-day event. I am glad to be part of the Congress as a participant, presenter, and moderator. I would like to share you some tips to get the most in the Congress.

Being a participant

There were two plenary sessions organised at the opening and the closing of the Congress. These are good time for all participants to learn from international nurse leaders. Also, many concurrent sessions were organised during the Congress, and a wide range of topics were covered, from newborn to older adults, and from acute to chronic care. All sessions and topics were available in a Sigma mobile application, and we can read the abstract and set reminder to attend the selected sessions. Other than formal presentation, the welcome reception is highly recommended as we can make friends and exchange ideas in a relaxing way.



The Congress accepted three types of presentations this year, i.e., poster, oral, and PechaKucha. In a PechaKucha, we have only 20 slides with 20 seconds each to present our study. It is challenging as the presentation time is short, but we have to demonstrate the whole study. So that, Sigma organised a meeting for first-time presenter to know what would be happened in all types of presentations and make clarifications. Technical support was provided during the presentation.

Moderator is important in each concurrent session that allows fairness between presenters. The Congress provided clear and simple guideline, which helped me to take up the role smoothly. Being a presenter and moderator widen our horizons to know what other scholars are doing in the world and encourage networking and future collaboration.

All Sigma members are very supportive, and I encourage you to engage in different roles in the coming Congress to have double benefits on personal and professional development.



Community Service in 2025

Our program committee co-organised two community programmes for residents living in the New Territories East district in 2024-2025, jointly collaborated with the New Territories East Cluster (NTEC), Hospital Authority and several community partners.

A Pilot Rehabilitation Programme for Stroke Survivors 「風中同行」

This initiative piloted a new rehabilitation pathway to help stroke survivors and their family caregivers' transit from acute care to rehabilitation. Features include:

1. Case-based approach

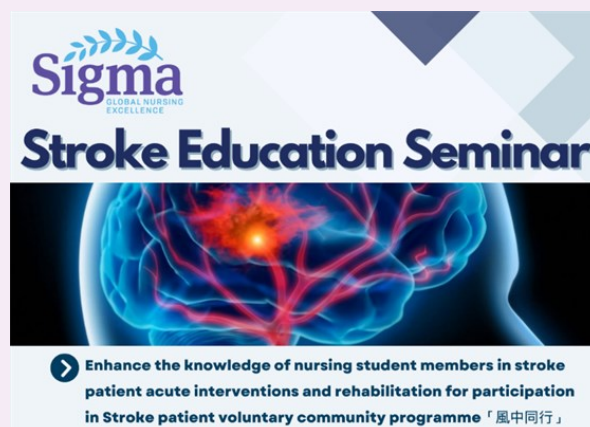
Each stroke survivor family received on-going support from a designated volunteer on one-on-one basis throughout the rehabilitation journey

2. Train-the-trainer approach

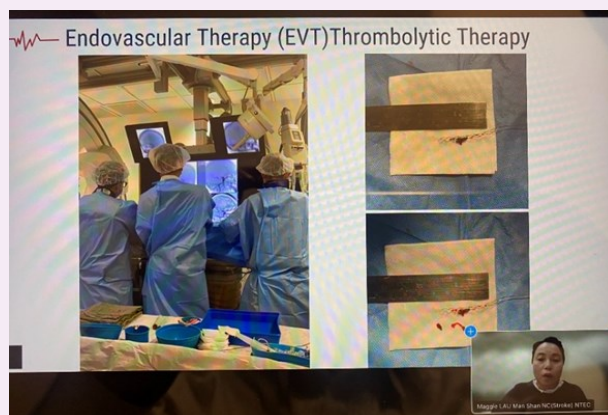
Peer stroke survivors and undergraduate nursing students were recruited and trained as volunteer to provide support to new stroke survivors

3. Medical-social collaboration

Prince of Wales Hospital and Shatin Hospital jointly collaborated with four community partners to establish support network for stroke survivors, aiming to empower their self-management efficacy



Twenty-nine nursing students received volunteer training.



Ms Maggie LAU, NTEC Nurse Consultant (Stroke) provided volunteer training on 28 November 2024.

Community Service in 2025 (cont.)

「一家一劃」 Health promotion seminar for secondary school students

This programme was jointly organised by the NTEC, Hospital Authority and Association of the Heads of Secondary Schools of Shatin, Taipo, and North district, and supported by Ms PONG Scarlett Oi-lan from the Sha Tin District Council.

A health promotion seminar titled “一起擁抱青春” was held on 4 July 2025. This seminar aimed at empowering secondary school students to build up their resilience for their future life endeavours.



Guest speakers of the seminar, Mr CHOU Sai Kit (Hong Kong chess educator; Ten Outstanding Young Persons Selection in 2020) and Ms TSE Nga Yi (Hong Kong Singer-songwriter) shared their life stories and delivered an insightful sharing on tips to maintain a positive mindset in face of adversity.

Student Volunteers' Voices:

“Volunteering in this event deepened my understanding of nursing’s holistic role. I learned how nurses can empower communities beyond clinical care. This experience reminded me that healing isn’t just physical—it’s about fostering hope and strength. Let’s keep advocating for mental health!”

TSENG Kam Lan, CUHK BN Year 5 student

“This event enables nurses to promote holistic well-being in the community. I am delighted and envisage taking a more significant role in community service by exploring further health initiatives outside of hospital.”

Peony WOO, CUHK BN Year 5 student

Student Volunteers' Voices (cont.)

“What came to us as seed may go to the next generation as blossom, and what came to us as blossom may go to them as fruit. The guest speakers’ sharing reminded us of the inescapable bitterness of life. Their experiences of regret, remorse, and eventual recovery provided us with strength and confidence as we embark on our new journey. I am pleased to be part of this meaningful activity!”

Carson CHENG, CUHK BN Year 5 student

“This experience not only enriched my understanding on community engagement but also reinforced my commitment to fostering a supportive environment for youth development.”

MA See Long, CUHK BN Year 5 student

“In this event, I collaborated with fellow nursing students and engaged with secondary school students. I appreciate the power of these small acts within the community. I truly felt a sense of connection and look forward to future opportunities.”

Sophia HO, HKBU BN Year 1 student

“Nursing is not only about caring for the sick, but also about serving the community proactively by promoting health and preventing illness among those who are well.”

Cheer WONG, CUHK BN Year 3 student

“This experience allows me to gain a better understanding of the challenges that today’s secondary school students face. It also inspires me to consider how I can assist teenagers in need in the future as a nurse.”

Keith YEUNG, HKMU BN Year 2 student



A total of 12 undergraduate nursing students from PIAC served as volunteers. They guided discussions with secondary school students on resilience and stress management.

Our Chapter's Website

The official website of Sigma Pi Iota at-Large Chapter has been available since February 2024. Explore the website at <https://piiotaatlarge.org/> to learn more about our mission, membership opportunities, upcoming events, and informative seminars. You may also access to our Facebook page or Instagram for more recent information!

Stay connected with the latest news, Chapter annual reports, and exclusive newsletters that provide valuable insights into the nursing profession!



PIAC Facebook
www.facebook.com/p/Pi-Iota-At-Large-Chapter-100063757046744/



PIAC Instagram
www.instagram.com/sigmapiotaatlargechapter/

Ongoing and Upcoming Events

48th Biennial Convention

Date: 8-11 November 2025

Venue: Indianapolis, Indiana, USA

Registration Deadline: 8 October 2025

Join Sigma to connect and engage with over 800 nurse researchers, students, clinicians, and leaders who are focused on evidence-based research.

Website: <https://www.sigmanursing.org/connect-engage/meetings-events/convention/registration>

Share with us!

We believe that each of you has unique experiences and insights that can enrich our collective journey in nursing. If you wish, please share your information to piiotaatlarge@gmail.com. Deadline for the next newsletter would be **30 December 2025**.

Thank you for your continued engagement and support. Together, we can highlight the vibrant spirit of Sigma Pi Iota at-Large Chapter!