

President Address

Prof. Rick KWAN

Dear valuable members,

Greetings! It is truly my pleasure to have served as the president of the Pi Iota At-large Chapter, Sigma for almost two years. The feeling is mixed when I am writing the president's message in the newsletter for the last time. The presidentship will end but the passion of serving people as a nurse never ends. Being a member of Pi Iota At-large Chapter, Sigma always makes us feel proud. From Oct 2023 onwards, Prof Janet Wong (the President-elect) will take up the role of president and continue to lead our chapter to the next level.

The 34th International Nursing Research Congress was completed on 23rd July 2023. Prof Lorna Suen (School of Nursing, Tung Wah College) and Dr Jojo Kwok (School of Nursing, The University of Hong Kong) were recognized with the International Nurse Researcher Hall of Fame Award and Emerging Researcher/Scholar Award. To date, there are only less than 300 nurse researchers received the Hall of Fame Award and every year there is only one nurse researcher/scholar honoured with the Emerging Research/Scholar Award. We have two awardees coming from Hong Kong this year and we should feel proud of them. Should you know your colleagues and friends' prestigious work, please also nominate them for these awards because their efforts must be recognized.

To ensure the healthy operation and succession of the chapter, there is an election of board members every year. The election was just completed and the result will be announced soon after being approved by the board. Sustainability is the most important agenda of the chapter. Please invite your colleagues who are passionate about upholding the nursing profession to join the board. They can start off being a co-opted member first.

It is also a pleasure to let you know that the School of Nursing, Hong Kong Metropolitan University (HKMU) has completed her application to join the Pi Iota At-large Chapter. There is nothing more exciting than seeing nurses joining hands together for nursing. This application is being approved by the Head Quarter of Sigma. Once this application is approved, there will be a chapter amendment ceremony to officialize the chartering of HKMU.

Finally, the induction ceremony of the Pi Iota At-large Chapter will be on 7th Oct 2023 at HKMU. More details will be announced and please stay tuned with us. Please mark it down on your dairy.

Last but not least, I am very grateful to have served in the chapter as the president in the past. I will certainly support the chapter in different capacities. I look forward to meeting and working with you all in different Sigma activities and events.



Best,
Rick KWAN, RN, PhD
President
Pi Iota at-Large Chapter, Sigma

Board of Directors

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Pin Pin CHOI (Dr) (Chair)

Leadership Succession

Simon LAM (Prof.) (Chair)
Alice WONG (Dr)
Angel TANG (Dr)

Membership Nomination

Queenie LAW (Dr) (Chair)
Jasmine CHEUNG (Dr)
Jessie CHUNG (Dr)
Sukki HO (Dr)

Program

Angela KWOK (Ms) (Chair)

Promotion & Publication

Rebecca PANG (Dr) (Chair)

Scholarship

Ka Ming CHOW (Prof.) (Chair)

Archivist

Ray YU (Mr) (Chair)

Ex-Officio

Alice LOKE YUEN (Prof.)
Sylvia FUNG (Prof.)

Co-opt Member

Jojo KWOK (Dr)
Kevin LUK (Dr)
Denise CHEUNG (Dr)
Agnes LAI (Dr)
Marques NG (Dr)
Mandy POON (Ms)
Agnes YIP (Ms)
Anna WONG (Ms)
Elaine CHOW (Dr)
Cherry HO (Dr)
Cecilia WONG (Ms)
Ginny LAM (Dr)
Eva HO (Dr)

Community Programme

Ms Angela KWOK

The PIAC held a Community Health Talk on 6th May 2023 at the Christian and Missionary Alliance Lam Tin Church. Ms. Savina SZE, the Nurse Consultant (Gerontology), was invited to share her experience in managing long-COVID. The talk described the causes and symptoms of long-COVID, as well as its management. 34 participants including 10 nurses from Greater Bay Area attended the event. Participants and the Church sincerely appreciated the sharing given by Ms SZE.

A group photo of Board Members, the Speaker, and participants.



Dr. Esther WONG presented a Certificate of Appreciation to the speaker Ms. Savina SZE.

Nursing Seminar - Updates on Urology Nursing

The PIAC held a Nursing Seminar on 3rd June 2023 at the Hong Kong Baptist University. Mr. Jan CHING Lok Sang and Dr. Gilbert LUI Ka Lok, the Nurse Consultants (Urology), were invited to share their insights and experiences in urological care. The talk provided updates on the percutaneous tibial nerve stimulation (PTNS) for refractory overactive bladder, latest management of erectile dysfunction & urinary stone, and self-empowerment in continence care. More than 20 members and students of the member institutions attended this seminar. Attendees appreciated the speakers for preparing such an inspiring talk and providing motivation in advancing nursing practice.



Dr. Esther WONG presented a Certificate of Appreciation to the speaker Dr. Gilbert LUI Ka Lok.



Professor Rick KWAN presented a Certificate of Appreciation to the speaker Mr. Jan CHING Lok Sang.



A group photo of Board Members, the Speakers, and participants.

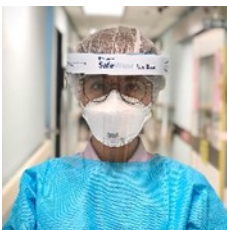
Awardee Sharing

The PIAC offers Academic Scholarships to members every year to recognize their academic achievements and contributions to the nursing profession as well as the community. The deadline for the 2022/23 cohort is 31st July 2023. We have invited some awardees of the PIAC Academic Scholarships 2021/22 to share their stories of success.



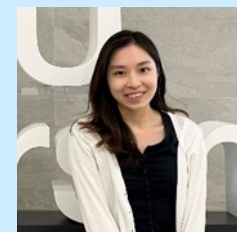
I appreciate Sigma for expanding my view of the world and connecting me with like-minded individuals. To get the scholarship, my tip would be focus on academic excellence, showcase a true passion for the nursing profession, and highlight any leadership or volunteer experiences you may have. Moreover, don't be afraid to ask for help or guidance from mentors or advisors. – *MOU Huanyu (CUHK)*

I firmly believe that sincerity and passion are critical elements in nursing care. It is essential to always remember the reasons for becoming a nurse and the purpose behind our work. Sigma shares this belief and is dedicated to fostering excellence in nursing. I am honored to be part of this outstanding organization, and I look forward to continuing my involvement with Sigma. – *LIN Sin Yi Rose (HKU)*



I believe that great leadership is crucial in fighting pandemics, and I am grateful that Sigma provides me with the opportunity to develop my leadership skills. Moving forward, I am excited to continue developing my expertise in infectious disease. – *CHAN Wing Chi (CUHK)*

As a nurse-to-be, I have learned that the path to success is not always easy. Here are my tips to secure the scholarship. Firstly, "don't be afraid of failure, but afraid not to try," as trying is always the first step towards achieving success. Secondly, remember the essence of the word "re-search," which emphasizes a sense of "again" and implies a never-ending process of exploration and discovery. - *LUI Hiu Tung Judy (HKU)*



Congratulations

Congratulations to our Chapter members who received the following honors in 2023! Their outstanding performance symbolizes our Chapter's unending pursuit of nursing excellence.

International Nurse Researcher Hall of Fame Award 2023

- Professor Lorna SUEN (TWC)

2023 Emerging Nurse Researcher/ Scholar Honorees

- Dr. Jojo KWOK (HKU)

HKCERN Conference

The PIAC is one of the supporting organizations to the Scientific Conference 2023 cum 10th Anniversary organized by the Hong Kong College of Education and Research in Nursing on 15th April 2023. The Conference theme was “*Nurturing the Next Generation of Nursing Profession Through Education and Research: Excellence with a Soul.*” Our members joined the conference and learnt a lot from the experts who shared their valuable experiences in advancing nursing education and research.



A group photo of our members and one of the renowned speakers, Professor Sally Chan.

Nurses Day Campaign

Our Chapter has launched the “*One day Gratitude Challenge*” social media activity on the International Nurses Day (i.e. 12th May 2023). Members and public are invited to tag 3 nurses who have made a difference in their life or lives of others, and let the nurses know they are amazing and they deserve love and appreciation from us. The activity received positive responses from members and the public.



Membership Recruitment and Promotion Talks

Our board member, Dr. Queenie LAW, has coordinated and conducted a series of membership recruitment and promotion talks in various educational institutions, including The Chinese University of Hong Kong (CUHK), Hong Kong Baptist University (HKBU), Tung Wah College (TWC), and Caritas Medical Centre (CMC) from January to July 2023. The history, and mission and vision of Sigma and the membership benefits have been introduced to the nursing students. These talks have successfully attracted many nursing students to join us!



Dr. Queenie LAW and Professor Rick KWAN were introducing Sigma to CUHK nursing students.



A group photo of our Board Members, Dr Queenie LAW, Dr Rebecca PANG, Dr. Alice WONG, Dr. Helen CHIANG, and Ms. Mandy POON together with nursing students from HKBU.

Upcoming Events

Nursing Seminar – Updates on Cardiac Nursing

The PIAC will hold a Nursing Seminar on 5th August 2023 at Hong Kong Metropolitan University. Two cardiac experts, Mr. LAI Kam Wai (SNO, HKS&H) and Ms. CHAN Yee Wa (RN, CCIC, HKS&H) have been invited to share their expertise in latest cardiac interventional procedures and cardiac therapy. Grasp the chance and register NOW!

Registration:

<https://forms.microsoft.com/Pages/ResponsePage.aspx?id=XQdMpCI8IUO6tn7N6HDtRuqb7eV8f6pDnziPetVtT-9URTJFRDNRDFLUEZURVMYNTdUMTZLQ1RMTi4u&origin=QRCode>



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