

President's Message

Prof. Rick KWAN

Dear Members,

Congratulations to all of us! I am writing to share with you exciting news about our Pi Iota at-Large Chapter is formally inaugurated. The Pi Iota at-Large Charter Amendment cum Induction Ceremony was successfully held on 2 October 2021. Honourable representatives of the chartering institutes gave us congratulatory messages at the ceremony. Most remarkably, Prof. Richard RICCIARDI, President of Sigma, officiated the event and Prof. Ida MARTINSON, Founding Director of Pi Iota Chapter, together with many past presidents also shared the history of the Chapter at the event virtually. Our Chapter was also formally acknowledged virtually at the 46th Biennial Convention on 6-10 November 2021. This is truly an important step to unite all local schools of nursing to collaborate and to advance nursing.

Another piece of good news is that Dr Janet WONG, Counsellor of Pi Iota at-Large Chapter, was also elected to be the Asia Regional Coordinator. This is her second term serving at this post. Let's work with her to steer our Chapter's work being more impactful at the regional level. One of our missions is to start more inter-chapter collaborations among Asia countries.

Given that the Chapter has just been newly amended, the preparation of the election of various officer posts in the board of directors is in progress. The board of directors is preparing for the election and the nomination call will be announced soon. It is time for you to think about nominating some capable leaders to be officers on the board. Serving on the board provides you with many opportunities to network with successful nurse leaders in different sectors. These opportunities will surely open up your eyes and see the vibrant nature of nursing. Apart from serving as a board member, which needs to be elected; you could also serve as a co-op member. Being a co-op member does not need to be elected, although co-op members do not have a voting right. Yet, the process is much simpler because co-op members should only be nominated by any Chapter member after being endorsed by the board. I encourage Chapter members who are passionate about advancing nursing to start with being a co-op member to serve on the board. Please contact us and we look forward to serving with you.

There are a lot more changes to come. The development of an at-Large Chapter brings in many changes, as well as many opportunities. Our board of directors is working very hard to enable these changes. To get you more affiliated with the Chapter, we started communicating with you more often by using various social media platforms. Follow us on Facebook first. You will know more updates on our Chapter's work. Our name on Facebook is "Pi Iota at-Large Chapter".



Best,
Rick KWAN, RN, PhD
 President
 Pi Iota at-Large Chapter, Sigma

**Board of Directors
(2020 - 2022)**

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 Rick KWAN (Prof.)

Vice President
 Esther WONG (Dr)
 Cynthia HUIE-ROSE (Ms)

Chapter Secretary
 Simon LAM (Prof.)

Treasurer
 Patrick KOR (Dr)

Counsellors
 Sukki HO (Dr)
 Janet WONG (Dr)

Governance
 Janet WONG (Dr) (Counsellor)
 Cynthia HUIE-ROSE (Ms)
 Sylvia FUNG (Prof.)
 Esther WONG (Dr)

Leadership Succession
 Sharron LEUNG (Dr)
 Simon LAM (Prof.)
 Grace HO (Dr)

Membership Nomination
 Sukki HO (Dr) (Counsellor)
 Arkers WONG (Dr)

Program
 Queenie LAW (Dr) (Chair)
 Sammei TAM (Ms)
 Esther WONG (Dr) (Overseeing)
 Cynthia HUIE-ROSE (Ms)
 (Overseeing)

Promotion & Publication
 Daphne CHEUNG (Dr) (Chair)
 Pin Pin CHOI (Dr)

Scholarship
 Grace XIE (Dr) (Chair)
 Patrick KOR (Dr)
 Rebecca POON (Ms)

Archivist
 Roy YU (Mr)

Ex-Officio
 Alice Yuen LOKE (Prof.)

Past President Council
 Claudia LAI (Prof.)

Asia Regional Coordinator (2021-2023)

Dr Janet WONG

It is a great privilege to be elected as the Asia Regional Coordinator for another term. In the past two years, we went through a very challenging period. With Love, Courage, and Honor, I have been witnessing the hard work from all Chapter Leaders in terms of promoting Sigma, engaging members, sharing best practice in research and education, and developing partnership with other Chapters in our region.

Sigma's vision is to be a global organization for developing nursing leaderships in education, research, practice, and policy. My interest in putting myself forward for the position of Asia Regional Coordinator because of my passion to serve in our region and the friendship with the Chapter Leaders. Also, my past experience provided me a strong background in understanding the needs and strengths of each Chapter in Asia and taught me to courageously step forward and strategically develop and connect Chapters.

Since 2013, I have been so grateful to engage with Sigma as a community leader and then Council member in Pi Iota Chapter, which is currently Pi Iota at-Large Chapter. With the increased number of universities joining our at-Large Chapter, I believe there will be more collaborative work and synergism to execute Sigma's vision and mission. We will work together to contribute and disseminate great nursing work in meaningful education, research scholarship and clinical practice locally and regionally. I am fortunate to be the representative from Hong Kong and have been elected as the Asia Regional Coordinator. It demonstrated the successful leadership training from our Chapter.

Healthcare is changing rapidly and the ability for nurses to be innovative, exchange knowledge and experience is the key. Sigma can provide a platform for facilitating global dialogue and sharing across clinical and academia settings. As the Asia Regional Coordinator, I aim to continue with my meaningful work for Sigma, encourage more nurses in joining us and enhance the support we provide to our presidents and members in Asia region. Also, I will support the development of strong partnership between our Chapter and Sigma globally and regionally.

Charter Amendment and Inauguration Ceremony (2 October 2021)

Drs Daphne CHEUNG
& Sukki HO

The Hong Kong Polytechnic University Honor Society of Nursing was established on 8 October 1997. It has successfully chartered to be the first Hong Kong Chapter (Pi Iota Chapter) of the Sigma Theta Tau International Honor Society of Nursing on 18 March 2000. Responding to Sigma's new vision of "Global Nursing Excellence" and its call for creating greater local and regional impact, the Pi Iota Chapter has been transformed into an at-Large Chapter including five schools of nursing in Hong Kong: Hong Kong Baptist University, The Chinese University of Hong Kong, The Hong Kong Polytechnic University, The University of Hong Kong, and Tung Wah College. The establishment of this five-school at-Large Chapter has shown a synergy of effort among tertiary education institutions dedicated to enhancing nursing education, research, and professional developments.



Chartering Officer Dr Richard RICCIARDI gave the welcoming and keynote speech.

Congratulations to the Inductees:

Dual-Chapter Member:

1. Prof. CHAN YIP Wing-han Carmen

Nurse Leader:

1. Dr CHEUNG Shuk-ting Denise
2. Prof. CHOW Ka-ming
3. Ms HO Choi-yin Cherry
4. Dr HO Man Mandy
5. Dr LI Wai-chi Polly
6. Dr PANG Cho-kwan Rebecca
7. Ms PEREZ Maria Althea Sabrina
8. Ms POON Siu-man Mandy
9. Mr TONOLETE Juan Paolo
10. Ms WONG Ting-ting Cecilia
11. Ms YIP Wing-man Florence

Undergraduate:

1. Ms CHANG Pui-king
2. Ms CHUNG Sin-yu
3. Ms LEE Yin-lam
4. Ms LI Ching-yee
5. Ms MA Suet-mui
6. Ms NIT Tsz-yau
7. Ms YAU Pui-chung



A picture of Heads of Institutes of the five schools of Nursing, past presidents of Pi Iota Chapter, newly inducted Board Members, and inductees.

Sharing by PIC mentee

Mr Roy YU

When it comes to the word “mentoring”, many including myself often solely correlate it with “role modelling” or “inspiration”. Nevertheless, the PIC early career fellow mentorship program has offered me a opportunity to experience “mentoring” in a wider perspective.

My story began in the year 2019 when the PIC paired up myself with Mr Stephen LI (named as Stephen Sir below), after indicating my interests in critical care nursing and nursing management. Stephen Sir is the manager of Baptist Hospital and fellow of the Hong Kong College of Cardiac Nursing, Hong Kong Academy of Nursing. His clinical experience and expertise has nurtured me to progress from novice to an advanced beginner over the past 2 years.



“Mentoring” is a process to achieve goals and successes with ongoing interactions between the mentor and mentee. For short, there are two core components, direction and coaching.

A right direction is fundamental to every success. It is not uncommon to see novice nurses lacking of a clear direction or pathway of career development, and very often there are distractions around us. Stephen Sir guided me to explore the nursing specialty that fits my interest and strengths most. He also mentioned the importance of accumulating relevant specialty experience, in alignment with the development of advanced practice nursing system in Hong Kong. This facilitated myself to clear up my mind and became more determined to develop my career in critical care nursing.

Once direction has been clear in mind, coaching goes next. Based on my strengths and limitations, Stephen Sir has been helping me in formulating a career plan with reasonable time frame and achievable goals. He encouraged to improve clinical competencies by enrolling various educational courses and finding a role model to learn from at my own workplace. Besides, Stephen Sir used to remind me to “stay humble and stay focused” and “effort does payoff”. Such reminder has enabled me to a greater mentality especially when dealing with hard times. Stephen Sir has also been dedicated to supporting and motivating me when I feel defeated and depressed at work. He often quoted how hard work achieved stories of success, and offered advice and alternatives when I felt stuck and lost.

Nursing career is a long journey of adventure, serving people from all walks of life with our professionalism. A good mentor resembles a light that brightens the mentee with wisdom and care. I am most grateful to be one of the early career fellows and I hope that I could become a mentor of others in the future.



Community Programme (16 & 23 October 2021)

We collaborated with Lions Club of Hong Kong Sun to provide more than 100 health assessments (e.g., blood pressure, cholesterol, blood glucose, body composition analysis) and education services (e.g., management of metabolic syndrome and hypertension) at C&MA Lei Fook Neighbourhood Elderly Centre in Ap Lei Chau. Faculty members and students from the member institutions of Pi Iota at-Large Chapter joined this activity.



Congratulatory Notes

Congratulations to Prof. Simon LAM for receiving the 2021 Emerging Nurse Researcher/Scholar in International Nursing Research Congress 2021.



International Nursing Research Congress 2021
2021 Emerging Nurse Researcher/Scholar

Simon Ching Lam, PhD, RN, FHKAN
Associate Dean (Research) and Professor, School of Nursing, Tung Wah College
(Former as Assistant Professor, The Hong Kong Polytechnic University)

Research areas: Infection Control, Psychometric Testing and Care for Older People
Prof. Lam's research studies consistently influence practice and policies in clinical, policy and community settings. His research programme is built on transforming an abstract concept to measurable items, which facilitates an accurate and appropriate measurement for further use.

Upcoming Events

1. Creating Nursing Work Environments (24-26 March 2022; or 31 March - 1 April 2022 Virtual)

The programme is designed to help leaders to develop and implement strategies to improve the quality of their work environment. For more information, please visit:

<https://www.sigmanursing.org/connect-engage/meetings-events/chwe>

2. The 33rd International Nursing Research Congress (21-25 July 2022; or 3-5 August 2022 Virtual)

The congress theme is "Transforming Global Nursing Knowledge Through Research, Scholarship, and Innovation". For more information, please visit:

<https://www.sigmanursing.org/connect-engage/meetings-events/congress>

3. Chapter Leadership Connection (16-18 September 2022; or 22-23 September 2022 Virtual)

This biennial chapter leadership training conference provides opportunities for leaders to exchange ideas about member engagement, programme planning, chapter operations and communication. For more details, please visit:

<https://www.sigmanursing.org/connect-engage/meetings-events/clc>