

President's Message

Professor Chow Ka Ming

Dear Members,

It is my pleasure to connect with you through this edition of the PIAC Newsletter and share several exciting developments within our Chapter.

Over the past months, we have continued to strengthen our Chapter through collaboration, scholarship, and professional engagement. A key milestone was the successful induction of Hong Kong Metropolitan University (HKMU) into the Pi Iota At-Large Chapter, reflecting our commitment to a broader and more inclusive nursing community. I warmly welcome our HKMU colleagues and look forward to their contributions to our Chapter's continued growth and success.

We also congratulate Professor Suzanne LO (CUHK Counsellor) on being elected as a Fellow of the American Academy of Nursing (FAAN), in recognition of her remarkable contributions to nursing, healthcare, and professional leadership.

Looking ahead, I am delighted to highlight three important upcoming events. First, the Sigma Asia Regional Conference will be held in Jakarta, Indonesia, on 27-28 October 2026, providing an excellent opportunity for networking, collaboration, and scholarly exchange among nursing professionals across the region.

Second, the PIAC Sigma Asia Research Webinar 2026 will take place on 11-12 November 2026, bringing together nursing scholars, educators, clinicians, and researchers from across Asia under the theme of "Building Research Capacity and Strengthening Inter-Chapter Collaboration." The webinar will provide a valuable platform for knowledge exchange, research capacity building, and enhanced collaboration among Sigma chapters.

Finally, our Induction Ceremony 2026, scheduled for 28 November 2026, will celebrate excellence and welcome a new generation of Sigma members into our Chapter. The ceremony will also feature the presentation of scholarships to our award recipients, recognizing their outstanding achievements and contributions to the nursing profession.

Growing a vibrant and diverse membership remains a key priority for PIAC. I encourage you to invite colleagues, students, and emerging nurse leaders to join our Sigma community as we continue to advance nursing and expand our impact locally, regionally, and globally.

I sincerely thank our Board members, committee members, and all Chapter members for your dedication and support. Together, we will continue to expand our membership, promote nursing excellence, and strengthen connections across Hong Kong, Asia, and beyond. I look forward to seeing many of you at our upcoming events and celebrating another successful year for our Chapter.



Warm Regards,

Ka Ming CHOW,

RN, RM, DNur, PGDip in Midwifery, FAAN, SFHEA, FHKAN (Education), APN

President, Pi Iota at-Large Chapter
Sigma Theta Tau International Honour Society of Nursing

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Congratulations to Hong Kong Metropolitan University (HKMU) joining Pi Iota at-Large Chapter

On 29 April 2026, the School of Nursing and Health Sciences at Hong Kong Metropolitan University (HKMU) was formally welcomed into the Pi Iota at-Large Chapter (PIAC) of Sigma Theta Tau International Honor Society of Nursing. The Charter Amendment and Induction Ceremony, held online, marked a proud milestone as HKMU became the sixth institution to join the Chapter.

PIAC was established in October 2021 through the collaboration of five local nursing schools, creating a platform to unite nursing scholars and leaders across Hong Kong. With the addition of HKMU, the Chapter further strengthens its collective voice and expands opportunities for collaboration, professional development, and recognition of nursing excellence.

We were honoured to have Dr Liz Westcott, President of Sigma, join the ceremony and serve as the Chartering Officer. Her presence underscored the significance of this milestone and highlighted the global recognition of the Chapter's achievements.

The ceremony also celebrated the induction of new members whose academic distinction and professional contributions exemplify the values of Sigma. Their achievements highlight the Chapter's commitment to fostering leadership, scholarship, and service within the nursing profession.



A photo taken during the online ceremony is shown above to commemorate the occasion and capture this important moment in the Chapter's history.

Sharing by the Recipients of PIAC Academic Scholarship Award 2024/2025

Congratulations to the 9 outstanding recipients of Pi Iota at-Large Chapter & Rotary Club of Kwai Chung Scholarships (2025-2026), generously donated by the Rotary Club of Kwai Chung for their dedication and achievement in nursing excellence!

Name of Applicant	Institute	Academic Programme	Title of the study
DYE Chung Hei	PolyU	Bachelor of Science (Honours) in Nursing	Experiences and Strategies for Overcoming Physical and Psychological Barriers in Self Management Among Individuals with Pre-diabetes – A qualitative systematic review
LAM Kam Ip	HKBU	Bachelor of Nursing (Honours)	The relationship between knowledge and attitudes among nursing students in Hong Kong towards reporting child abuse
LAM Man Sze	CUHK	Master of Nursing	A Nurse-led Program for Community-dwelling Caregivers of Persons with Dementia (PWD) to reduce caregiver burden
LEE Tsz Hin	CUHK	Master of Nursing	The Effectiveness of Psychosocial Interventions in Reducing Depressive Symptoms, Stress Level and Improving Quality of Life (QoL) for the Caregivers of People with Dementia
TSANG Yuk Shan	CUHK	Master of Nursing	Scholarly inquiry project: The Effectiveness of Brief Motivational Intervention for Reducing Alcohol Consumption among At-risk drinkers in Hong Kong Hospital Settings
WONG Wing Yan	CUHK	Master of Nursing	Scholarly inquiry project: A Nurse-led Program for Community-dwelling Caregivers of Persons with Dementia (PWD) to reduce caregiver burden
CHAN Man Lee	HKU	Doctor of Philosophy	Effects of a nurse-led, acceptance and commitment-based palliative care programme on psychospiritual wellbeing in people with progressive neurological diseases: A mixed-methods randomised controlled trial
CHU Ming Kei	HKMU	Doctor of Philosophy	A Pilot Randomised Controlled Study: Effect of Virtual Reality-based Intervention on reducing preoperative anxiety in adults undergoing elective surgery
LIU Yaqian	PolyU	Doctor of Philosophy	Effectiveness of an AI-supported web-based salutogenic intervention to strengthen sense of coherence and health resources in people with prediabetes: A full-scale randomized controlled trial

CUHK - The Chinese University of Hong Kong; HKBU - Hong Kong Baptist University; HKMU - Hong Kong Metropolitan University; PolyU - The Hong Kong Polytechnic University; HKU - The University of Hong Kong

Through these awards, our 9 recipients are empowered to conduct impactful research and advance evidence-based practice—driving the nursing profession forward and enhancing the quality of patient care. Let's hear directly from a few of our inspiring awardees on what this award means for their research and practice!

Sharing by the Recipients of PIAC Academic Scholarship Award 2024/2025 (Cont')

Sharing from awardee - TSANG Yuk Shan (CUHK)

"I am truly honored to be selected and grateful for the support this award provides during my studies, and I am happy to share my thoughts and reflections.

As a registered nurse working full-time in a hospital, pursuing a part-time Master's in Nursing has been both rewarding and demanding. Receiving the PIAC Scholarship from Sigma Pi Iota At Large Chapter marks a transformative milestone in my academic and personal growth. Balancing rigorous coursework with my professional responsibilities has presented challenges, including financial strains and time management demands, amid the ever-evolving demands of healthcare. This scholarship has alleviated some of those burdens, allowing me to focus more intently on advancing my skills in patient care and evidence-based practice. It has also affirmed the value of my work in the field, reinforcing my commitment to becoming a compassionate nurse leader, empowering me to overcome obstacles and pursue my goal of improving community health outcomes in underserved areas. I am inspired by Sigma's values of excellence and service, and this support motivates me to give back to the nursing profession and inspire future generations."

Sharing from awardee - CHAN Man Lee (HKU)

"I am truly grateful to receive the Sigma Pi Iota at-Large Chapter Scholarship in support of my PhD research, "Effects of a Nurse-Led Acceptance and Commitment-Based Palliative Care Programme on Psychospiritual Wellbeing in People with Progressive Neurological Diseases: A Mixed-Methods Randomized Controlled Trial." This work is deeply meaningful to me, as it reflects my passion for providing holistic, person-centred palliative care to individuals living with complex and life-limiting conditions.

My academic journey has been both challenging and rewarding. Integrating psychotherapeutic interventions into palliative care while responding to the evolving needs of people with progressive neurological conditions has required perseverance, flexibility, and continuous learning. These experiences have strengthened my resilience and reaffirmed my commitment to improving psychospiritual wellbeing through compassionate, evidence-based, nurse-led interventions.

The Sigma Pi Iota at-Large Chapter Scholarship has played an important role in supporting my academic growth and motivating me to continue making meaningful contributions to palliative and neurological care."



37th International Nursing Research Congress



This summer, from 16-18 July, Sigma's annual highlight event concluded in Toronto, Canada. It brought together nurse researchers, clinicians, and leaders from over 47 countries to share evidence-based breakthroughs and educational discoveries, elevating patient care on a global scale. The congress successfully fostered cross-border collaborations, leaving attendees with actionable insights to transform nursing policy, elevate education standards, and directly improve patient outcomes worldwide. #INRC26

We are pleased to present the core takeaways and contributions from our PIAC members.

Congress highlights and sharing from Prof Fiona Tang (CUHK)

The congress highlighted the critical role of research evidence and translation in addressing evolving healthcare challenges and improving health outcomes worldwide. The diversity of topics reflected the dynamic nature of modern healthcare and demonstrated how nursing research continues to contribute to innovation in clinical practice, education, leadership, and policy development.

Contemporary issues shaping the future

A significant observation from the congress was the growing influence of AI and digital technologies in healthcare delivery, nursing education, and research. Numerous presentations showcased innovative approaches to using technology to support clinical decision-making, enhance patient engagement, and improve the efficiency and quality of care.

Driving the digital transformation in healthcare

Digital health solutions were presented not only as tools for enhancing healthcare accessibility but also as valuable resources for addressing workforce challenges and enabling more personalized care. These discussions highlighted the expanding role of nurses in leading digital transformation and ensuring that technological advancements remain patient-centred and evidence-based.

Key themes of the Congress:

- Artificial intelligence (AI)
- Digital health
- Emerging models of care
- Workforce resilience and well-being
- Health equity
- Strategies to enhance patient and population outcomes

37th International Nursing Research Congress (Cont')

Advancing nursing research and evidence-based practice

The congress also reaffirmed the vital role of nursing research in informing evidence-based practice and healthcare policy. It was remarkable how much research was done on patient outcomes, workforce development, healthcare sustainability, and health equity. Presentations on emerging models of care illustrated how nurses can lead service innovation and contribute to the redesign of healthcare systems to better meet the needs of diverse populations. These examples demonstrated the unique contribution of nursing research in advancing both individual and population health.

Sharing our impact work to prepare nurse learners' digital competency

I was delighted to present my project, "From Didactic to Digital: Using Animated Videos to Transform Health Education in Nursing Informatic." The findings demonstrated that combining animated micro-learning with video production workshops improved students' nursing informatics competencies. The presentation aligned with discussions on digital health and fostered valuable exchanges with international delegates.



Looking Ahead: Inspiration for a Rapidly Changing World

Overall, the conference experience was inspiring. The congress provided valuable insights into the future direction of nursing research and healthcare innovation. It motivated participants to continue promoting research excellence, evidence-based practice, and collaborative approaches that contribute to better health outcomes in an increasingly complex and rapidly changing world

Awardees of Sigma Foundation for Nursing Leadership Education Grant 2026

Ms. Myrian FAN (CUHK) shared her work "Nurse-led sailing programme to enhance resilience among autistic school-aged children" in Rising Star Presentation and Oral Presentation, respectively. She was also one of the awardees of Sigma Foundation for Nursing Leadership Education Grant 2026.



37th International Nursing Research Congress (Cont')

Sharing from Ms Shun CHAN (TWC)



Ms Shun CHAN (TWC) gave an oral presentation on her work on mental health.

Her **THREE** most memorable moments in the congress:

- Engaging in dynamic dialogue with the Sigma community: acknowledged that healthcare challenges are universal, but solutions could be unique.
- Learning foresight from iconic nurse leaders in the Hall of Fame Panel Discussion: gained insights into future research directions.
- Giving back in a 1:1 interview experience workshop: shared with peers about own journey with Sigma and tips on accessing vital mentorship and grant support.

“Being surrounded by so much passion for evidence-based care leaves me deeply grateful for our global community—and motivated for what’s next!”



2026 International Nurses Day Dinner

On 23 May 2026 (Saturday), representatives from Sigma Pi Iota at-Large Chapter joined healthcare leaders, nursing professionals, educators, and students from across Hong Kong for the 2026 International Nurses Day Celebration Dinner at the Grand Ballroom, 16/F, Hopewell Hotel, Wan Chai.

Under the global theme **“Our Nurses. Our Future. Empowered Nurses Save Lives,”** the evening emphasised the importance of empowering nurses through safe and fair working environments, recognition of their expertise, and strong leadership support. Speakers and panel discussions highlighted contemporary challenges—including workforce shortages, rising community healthcare demands, and increasing service complexity—and called for collective action to invest in nursing and strengthen health systems.

Throughout the dinner, guests shared experiences from clinical practice, education, and management, illustrating how empowered nurses can drive innovation, lead interprofessional teams, and advocate for patient-centred care. The event also offered valuable networking opportunities for PIAC members to connect with colleagues from different sectors, exchange ideas around professional development, and explore future collaborations aligned with the International Council of Nurses’ 2026 campaign.



Sigma Pi Iota at-Large Chapter (PIAC) Induction Ceremony 2026

Sigma Pi Iota at-Large Chapter (PIAC) will hold its Induction Ceremony cum AGM 2026 on Saturday, 28 November 2026, at LT2, Esther Lee Building, The Chinese University of Hong Kong, from 9:30 a.m. to 12:30 p.m.

The Ceremony will welcome new members into Sigma, recognise outstanding contributions, and report on the Chapter's development and future directions.

A highlight of this year's programme will be the keynote session, "Early Detection, Timely Action: Nurses' Essential Role in the Era of Emerging Alzheimer's Therapies," delivered by Dr. Alex LAU, Clinical Associate Professor (Honorary), Department of Medicine & Therapeutics, Faculty of Medicine, The Chinese University of Hong Kong. The speaker will explore how nurses can lead in early identification, timely intervention, and multidisciplinary care as new Alzheimer's therapies emerge.

PIAC members and nursing colleagues are warmly invited to join this meaningful occasion and celebrate nursing excellence together

The poster features the Sigma logo and the text "Pi Iota at-Large Chapter" at the top left. The main title "INDUCTION CEREMONY cum AGM 2026" is prominently displayed in large, bold, dark blue letters. Below the title, the tagline "Celebrating Excellence. Inspiring Global Leaders." is written in a smaller, blue font. To the right of the text, there are three circular images: the top one shows the entrance of The Chinese University of Hong Kong; the middle one shows a group of people standing behind a table with Sigma logos; the bottom one shows a group of people standing in front of a Sigma banner. On the left side, there are three icons (a calendar, a clock, and a location pin) corresponding to the event details: DATE (28 NOVEMBER 2026), TIME (09:30 - 12:30), and VENUE (LT2, Esther Lee Building, The Chinese University of Hong Kong).

Sigma Pi Iota at-Large Chapter

INDUCTION CEREMONY cum AGM 2026

Celebrating Excellence. Inspiring Global Leaders.

DATE
28 NOVEMBER 2026

TIME
09:30 - 12:30

VENUE
LT2, Esther Lee Building,
The Chinese University of Hong Kong

Sigma Asia Research Webinar 2026

Sigma Pi Iota at-Large Chapter, together with Sigma Asia, will host the Sigma Asia Research Webinar 2026 on 11–12 November 2026, delivered fully online in Hong Kong time (HKT). The two-day webinar, themed “Building Research Capacity & Strengthening Inter-Chapter Collaboration,” is designed for nurses, nurse academics, PhD students, clinicians and early-career researchers who wish to deepen their research knowledge and skills.


Pi Iota at-Large Chapter


Alpha Beta Lambda at-Large Chapter


Phi Gamma Chapter


Lambda Beta at-Large Chapter


Upsilon Eta Chapter


Tau Nu Chapter


EXCELLENCE

SIGMA ASIA RESEARCH WEBINAR 2026

*Building Research Capacity &
Strengthening Inter-Chapter Collaboration*

 **11–12 NOVEMBER 2026**

 **FULLY ONLINE | HONG KONG (HKT)**



AUDIENCE

For nurses, nurse academics, PhD students, clinicians and early-career researchers who want to strengthen their research knowledge and skills.



KEY TOPICS

- Research questions and study design
- Quantitative, qualitative and mixed-methods research
- Evidence synthesis and critical appraisal
- Data analysis

- Grant writing and research funding
- Manuscript writing and publication
- Implementation science and translating evidence into practice
- Building regional research collaborations


Prof Ho Yu CEHNG
(CUHK)


Dr Sandy CHOI
(HKMU)


Prof Janet DELGADO (Japan)


Dr Shawn GOH
(Singapore)


Prof Jed MONTAYRE (PolyU)


Prof Marques NG
(CUHK)


Professor Herni SUSANTI
(Indonesia)


Dr Anson TANG
(TWC)


Prof Janet WONG
(HKMU)


Prof Julia XIAO
(TWC)


Dr Jia-You YE
(Taiwan)


**INTERACTIVE
SESSIONS**


Q&A


**DIGITAL
CERTIFICATE**


**RECORDING
ACCESS**

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Sigma Asia Research Webinar 2026

Across Day 1, participants will focus on foundations and core methods, including formulating impactful research questions and study aims, quantitative, qualitative and mixed-methods research designs, evidence synthesis and critical appraisal, and advanced data analysis applications. Day 2 will highlight translation, funding and dissemination, covering grant writing mastery, manuscript writing for high-impact publications, implementation science, and strategies for translating evidence into policy and practice in Asian contexts, as well as fostering inter-chapter research collaboration.

The programme features interactive sessions, live Q&A, digital certificates and recording access to support flexible participation for busy professionals. PIAC members and nursing colleagues across the region are warmly invited to join this collaborative initiative and strengthen nursing research capacity together.

CNE Registration: Pending

 DAY 1: FOUNDATIONS & CORE METHODS (HKT)	
TIME (HKT)	TOPIC
08:45–09:00	Welcome and overview of the course
09:00–10:00	Formulating Impactful Research Questions & Study Aims
10:00–11:00	Quantitative Research Designs for Nursing Inquiry
11:00–12:00	Qualitative Research Methodologies
12:00–13:00	Evidence Synthesis
13:30–14:30	Systematic Reviews & Critical Appraisal
14:30–15:30	Advanced Data Analysis Applications I
15:30–16:30	Advanced Data Analysis Applications II
16:30–17:30	Abstract Development & Presentation
 DAY 2: TRANSLATION, FUNDING, DISSEMINATION (HKT)	
TIME (HKT)	TOPIC
09:00–10:00	Grant Writing Mastery & Securing Competitive Funding I
10:00–11:00	Grant Writing Mastery & Securing Competitive Funding II
11:00–12:00	Manuscript Writing for High Impact Publications
12:00–13:00	Implementation Science
13:30–14:30	Translating Evidence into Policy & Practice in Asian Contexts
14:30–15:30	Navigating the PhD Journey in Nursing: Strategies for Success and Career Integration
15:30–16:30	Fostering Inter-Chapter Collaboration & Future Directions in Nursing Research
16:30–16:45	Concluding remarks

Our Chapter's Website

The official website of Sigma Pi Iota at-Large Chapter has been available since February 2024. Explore the website at <https://piiotaatlarge.org/> to learn more about our mission, membership opportunities, upcoming events, and informative seminars. You may also access to our Facebook page or Instagram for more recent information!

Stay connected with the latest news, Chapter annual reports, and exclusive newsletters that provide valuable insights into the nursing profession!



		
PIAC Facebook www.facebook.com/p/Pi-lota-At-Large-Chapter-100063757046744/	PIAC Instagram www.instagram.com/sigmapiiotaatlargechapter/	PIAC LinkedIn https://www.linkedin.com/company/sigma-piac

Ongoing and Upcoming Events

38th International Nursing Research Congress

16–18 July 2027 Dublin, Ireland

Join Sigma to connect and engage with over 800 nurse researchers, students, clinicians, and leaders who are focused on evidence-based research.

49th Biennial Convention

29 October – 1 November 2027 Denver, Colorado, USA

Save the date for your chance to connect with more than 2,000 Sigma members and global leaders in nursing.

Share with us!

We believe that each of you has unique experiences and insights that can enrich our collective journey in nursing. If you wish, please share your information by emailing piiotaatlarge@gmail.com. Deadline for the next newsletter would be **31 Jan 2027**.

Thank you for your continued engagement and support. Together, we can highlight the vibrant spirit of Sigma Pi Iota at-Large Chapter!