# Newsletter 2023 Vol. 2

## **President Address**

Prof. Rick KWAN

Dear valuable members,

Greetings! I am glad to let you know our Pi Iota at-Large Chapter (PIAC) is growing very healthily. Congratulations to us that we have stood for more than one year. In the past year, we conducted our first-ever election. There were a total of 15 nurse leaders nominated for the election of eight posts in the Board of PIAC. All eight posts had finally been filled up by nominees from different sectors including various tertiary institutions and clinical settings. The new President-Elect, Professor Janet WONG, has also been elected in this election. She will succeed as the President of the Chapter starting next year. With the leadership of a group of new board members, I am confident that the Chapter will undoubtedly be led to the next level.

The Induction Ceremony and Annual General Meeting 2022 were successfully held on 8th Oct 2022 at the Tung Wah College. In the past, these two events were held in May. Starting this year, these two events will be held in October at the venue of where the President's affiliated institution. We will announce the exact venue when the date of the events comes closer.

To sustain the leadership of the chapter, we continue to invite new nurse leaders to join the Board. So far we have three co-opt members in the Board and six more co-opt members agreed to join the Board. They are all nurse leaders from different institutions and settings. To sustain the growth of the Chapter, we are also inviting new nursing institutions to join our at-Large Chapter. So far there are two nursing institutions showed interest preliminarily to join us. We will keep you posted about the progress through various channels.

Apart from Facebook, we have newly started a page on Instagram. In the coming years, there will be a lot more academic and professional activities. Please follow us on Facebook and Instagram. Please be reminded that our Chapter offers awards for nurses in different categories. Your good works are worthy of being awarded. There are also different grants offered by the Sigma head office. Your good research ideas are also deserved to be supported and awarded.

There are also a lot of good works done by the Chapter. Please read until the end of this newsletter to learn more about the wonderful works reported by different committees.



Best, Rick KWAN, RN, PhD President Pi Iota at-Large Chapter, Sigma



#### **Board of Directors**

President Rick KWAN (Prof.)

President-Elect Janet WONG (Prof.)

Vice President Ka Ming CHOW (Prof.) Chia-Chin LIN (Prof.) Sharron LEUNG (Dr) Arkers WONG (Dr) Joanna YEUNG (Dr) Esther WONG (Dr) Cynthia HUIE-ROSE (Ms)

Chapter Secretary Rebecca POON (Ms)

Treasurer Patrick KOR (Dr)

Counselor Carmen CHAN (Prof.) Helen CHIANG (Dr) Edmond CHOI (Dr) Katherine LAM (Dr) Jasmine CHEUNG (Dr)

Governance Pin Pin CHOI (Dr) (Chair)

Leadership Succession Simon LAM (Prof.) (Chair) Alice WONG (Dr) Angel TANG (Dr)

Membership Nomination Queenie LAW (Dr) (Chair) Jasmine CHEUNG (Dr) Jessie CHUNG (Dr) Sukki HO (Dr)

Program Angela KWOK (Ms) (Chair)

Promotion & Publication Rebecca PANG (Dr) (Chair)

Scholarship Ka Ming CHOW (Prof.) (Chair)

Archivist Ray YU (Mr) (Chair)

Ex-Officio Alice LOKE YUEN (Prof.) Sylvia FUNG (Prof.)

Co-opt Member Jojo KWOK (Dr) Kevin LUK (Dr) Denise CHEUNG (Dr) Agnes LAI (Dr) Margues NG (Dr) Mandy POON (Ms) Agnes YIP (Ms) Anna WONG (Ms) Elaine CHOW (Dr) Cherry HO (Dr) Cecilia WONG (Ms) Ginny LAM (Dr)



# Annual General Meeting and the 23rd Induction Ceremony

The PIAC held the Annual General Meeting and the 23rd Induction Ceremony on 8 October 2022 at the Kwai Chung Campus of Tung Wah College. Professor Sally CHAN, the President of Tung Wah College, delivered a keynote speech on 'The Future of Nursing in Hong Kong and Beyond' at the event. A total of 54 people, including nurse leaders, postgraduate and undergraduate students, were inducted this year. The PIAC scholarships (2021/2022) were presented to 2 undergraduate students and 4 postgraduate students.



A photo of the invited guests, board members, members and new inductees

# **Congratulation to the Inductees**

## Nurse Leader:

### HKBU

- 1. Ms FU Ching Wah
- 2. Dr NG Mi Fun

#### **CUHK**

- 3. Ms CHAN Wing Chi
- 4. Ms LEE Hoi Yan
- 5. Ms MOU Huanyu

#### PolvU

- 6. Ms CHEUNG Pui Yu
- 7. Ms. KO Ka Yan

- 8. Mr CHENG Man Tsun
- 9. Dr CHOW Hoi Yee Elaine
- 10. Dr CHOW Pik Kei
- 11. Dr CHUNG Yuk Seng
- 12. Ms LAW Chun Hei
- 13. Dr TANG Chui Yan
- 14. Dr TSANG Tsun Yee 15. Ms TSE Hiu Wai
- 16. Ms WONG On Na Anna
- 17. Dr WONG Sze Wing Julia
- 18. Ms YIP Wing Ki

- 19. Dr CHOI Hye Ri
- 20. Dr FUNG Tai Chun John 21. Dr HO Mu Hsing
- 22. Dr LAM Ho Yan
- 23. Dr LEE Jung Jae
- 24. Ms LIN Sin Yi Rose
- 25. Ms NG Lai Han
- 26. Ms SZETO Cheuk Yan
- 27. Dr TAKEMURA Naomi
- 28. Dr WANG Tongyao

### HKMU

- 29. Dr. LEE Po Man
- 30. Dr TUNG Ling Ngai 31. Mr WONG Lok Ki

## HA - CNS

- 32. Dr CHAN Chi Chung
- 33. Ms MA Po King

## Undergraduate:

- 1. Ms AU Ka Lam Amy
- 2. Ms CHAN Yan Sin
- 3. Ms HUI Lok
- 4. Ms HUI Tsz Yin
- 5. Ms KWAN Pui Ying
- 6. Ms LO Nok Tung
- 7. Ms SZETO Wing Yan

## TWC

- 8. Ms CHOI Yuen Man
- 9. Mr LAM Ka Ho
- 10. Ms LIU Lok In
- 11. Mr NG Siu Laam Lyman
- 12. Mr NGAN Wai Pui
- 13. Ms TAI Sin Man
- 14. Mr WONG Yiu Keung
- 15. Ms YEUNG Sik Yu 16. Ms YIM Sin Ling

# HKU

17. Miss LUI Hiu Tung Judy

## Post-graduate:

### CUHK

1. Mr TAO An

#### HKU

- 2. Ms JIA Shumin
- 3. Ms LIU Xiaohang
- 4. Ms XU Xinyi



# **Community Programme**

# Ms Angela KWOK

# **Health Talk on Urinary Incontinence**

The PIAC held a health talk on 17 September 2022 at the Sai Kung Jockey Club Town Hall. The theme of the talk was 'Know More About Frequent Urination, Urine Leakage and Constipation'. The talk consisted of preventive measures of urinary Incontinence and constipation and educated older people and their family members about symptoms of urologic disorders. More than 130 participants joined this event. In this event, we invited a team of Nurse Consultants and Advanced Practice Nurses specialized in incontinence care and constipation to provide health talk, screening and individual consultation to the participants. We would like to express our gratitude to the three sponsors who provided their generous support to us.



A group photo of PIAC members, nurse consultants, advanced practice nurses and participants.



A group photo of PIAC members and speakers.



# **Community Programme (con't)**

# Ms Angela KWOK

# Good Health Day and Talk on Osteoporosis

The PIAC had organized three days of community activities in December 2022 with the collaboration with The Lions Club of Hong Kong Sun and Lei Fook Church Social Centre for The Elderly. The activities were also supported by nursing students from Tung Wah College and Hong Kong Baptist University and nurses of Shatin Hospital as volunteers.

The 'Good Health day' was conducted on 10 and 17 December 2022, in which health assessments, including blood pressure, body fat percentage, blood glucose and cholesterol and bone density tests, were conducted for 50 elderly each day.

Fifty older adults with low or with borderline bone density were invited to a health talk on prevention and management of osteoporosis on 24 December 2022. This talk was provided by Ms LOO Kit Man, who is an expert in this area and the Nurse Consultant (Diabetes) of the New Territories East Cluster. During the talk, Ms Loo shared the knowledge on bone density assessment, prevention of fractures in elderly and management of osteoporosis.



Volunteers were conducting blood glucose, cholesterol and bone intensity tests.





Ms LOO Kit Man was delivering a talk on osteoporosis prevention.





Ms Angela KWOK was sharing health information with the elderly.



A group photo of PIAC members, speakers and student volunteers.



# **Promotion and Publication**

We got exciting news! In addition to our Facebook page, we now have a new Instagram account! Please follow, like and share with your colleagues and friends. Stay tuned!











# **Upcoming Events**

Creating Healthy Work Environments 2023

10-12 February 2023 (in person) / 16-17 February 2023 (virtual)

Join in person from 10-12 February 2023 in Austin, Texas, USA, or online 16-17 February 2023 for the event designed specifically to help leaders in both academic and clinical settings develop, implement, and maintain strategies to improve their organization's work environment. Meet and collaborate with more than 500 nursing leaders and Sigma members, uniting with the common goal to build a healthier workplace.

Details: https://www.sigmanursing.org/connect-engage/meetings-events/chwe

34th International Nursing Research Congress

20-23 July 2023 (in person) / 2-4 August 2023 (virtual)

Join in Abu Dhabi, United Arab Emirates, to connect and engage with over 800 nurse researchers, students, clinicians, and leaders who are focused on evidence-based research. Can't make it to Abu Dhabi? Join us virtually from 2-4 August!

Details: https://www.sigmanursing.org/connect-engage/meetings-events/congress

Virtual Academy: Writing for Publication

This mentored writing virtual academy helps Sigma nurses prepare a manuscript for publication. As part of this academy, participants will have the opportunity to work with our faculty to edit a manuscript. Complete the interest form if you are interested in joining the next cohort.

Interest form: https://sigmanursing.formstack.com/forms/

virtual and minivirtual academy interest form

# **Congratulations**

Congratulations to our Chapter members who received the following honors in 2022! Their outstanding performance symbolizes our Chapter's unending pursuit of nursing excellence.

# Fellows of American Academy of Nursing

Dr Edmond CHOI (HKU)
Professor Simon LAM (TWC)
Professor Lorna SUEN (TWC)
Professor Janet WONG (HKMU)

## World's Top 2% Scientists

Professor Carmen CHAN (CUHK)
Professor Sally CHAN (TWC)
Dr Edmond CHOI (HKU)
Professor Simon LAM (TWC)
Professor Alice LOKE YUEN (PolyU)
Professor Lorna SUEN (TWC)
Professor Frances WONG (PolyU)